



North Star Therapy, PLLC
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Release of Information

I, _____ (client) , hereby authorize North Star Therapy, PLLC and _____ (name) , at _____ (telephone) to exchange information.

The type of information to be disclosed:

- | | |
|--|--|
| <input type="checkbox"/> Evaluations | <input type="checkbox"/> Course of treatment letter |
| <input type="checkbox"/> Medical/hospital records | <input type="checkbox"/> Psychotherapy notes (if applicable) |
| <input type="checkbox"/> Diagnostic | <input type="checkbox"/> Discharge summary letter |
| <input type="checkbox"/> Psychological/medical testing | <input type="checkbox"/> Treatment plan |

The purpose of such disclosure:

- | | |
|---|---|
| <input type="checkbox"/> Ongoing treatment | <input type="checkbox"/> Consultation |
| <input type="checkbox"/> Medical care | <input type="checkbox"/> Evaluation |
| <input type="checkbox"/> Transfer | <input type="checkbox"/> Legal issues |
| <input type="checkbox"/> Coordination of care | <input type="checkbox"/> Health benefit utilization |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Insurance/billing |

Exceptions: _____

The designated information about me () may () may not be transmitted by fax, electronic mail or other electronic file transfer mechanisms. North Star Therapy, PLLC and the above designated person () may () may not discuss by telephone the content of the information released. This consent is in effect until _____ (date). I understand that I may revoke this authorization, in writing, at any time unless action based on it has already take place. I hereby release all parties stated herewith from any liability resulting from the release of this information. I agree that a photocopy of this release shall be as valid as the original. I understand that my communications in therapy are protected under federal and state confidentiality regulations and cannot be disclosed without my written authorization. The information provided by a client during therapy sessions is legally confidential in the case of licensed clinical psychologist, with exceptions. These exceptions pertain to matters of danger to self or others, and to assault or neglect of children. I further understand that the potential exists for re-disclosure of my private mental health information, and that it may no longer be protected under the HIPAA privacy regulations. The recipient may otherwise be prohibited under federal law from redisclosing substance abuse information, AIDS/HIV status, or mental health information unless another authorization is obtained from me or unless such use or disclosure is specifically required or permitted by law.

This is to certify that I have given consent freely and voluntarily, and that the benefits and disadvantages of releasing the information, if known, have been explained to me.

 Client's Signature/ Date

 Arezoo Khanzadeh, Psy.D. / Date

FEDERAL REGULATIONS PROHIBIT THE RECIPIENT OF THIS INFORMATION FROM MAKING ANY FURTHER DISCLOSURES OF THIS INFORMATION.